

I'm Gonna Getcha Good!



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Music: Artist: Shania Twain CD "Greatest Hits" Mercury B000307/2-02 Track #2
Music edited, contact choreographers for info

Suggested speed: Slower speed from 31MPM (the original CD) to 29MPM

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Rhythm & Phase: Cha Cha VI

Timing: 123&4 except where noted

Sequence: **Intro A A B C A B C End**

Released: July, 2011

Version 1.1

Meas

INTRO

1-7 WAIT;; "Let's Go" KNEE; TRAVELING DOOR TWICE;; SD WALKS; CROSS UNWIND TO FC;

- 1-2 Wait 1 meas in TANDEM M fcg WALL & bhnd W R-ft free for both hnds on hips;
--- 3 **{Knee}** Right after vocal "Let's Go" lift R-knee across body;
4-5 **{Traveling Door Twice}** Sd R twd RLOD extending R-hnd twd RLOD, rec L placing R-hnd on R-hip, XRIF/sd L, XRIF; Sd L twd LOD extending L-hnd twd LOD, rec R placing L-hnd on L-hip, XLIF/sd R, XLIF;
6 **{Sd Walks}** Sd R, cl L, sd R/cl L, sd R;
1--4 7 **{Cross Unwind to FC}** XLIF, comm unwind RF one full trn on both ft, cont unwind to fc WALL, shift wgt to R joining lead hnds (W XLIF, comm unwind RF 1/2 on both ft, cont unwind to fc COH, shift wgt to L) end LOP FCG Pos/WALL; (now opposite footwork)

PART A

1-4 OPEN HIP TWIST W FREE SPIN TO FAN;; TUMMY CHECK TO FAN AGAIN;;

- 1-2 **{Open Hip Twist W Free Spin to Fan}** LOP FCG Pos/WALL fwd L, rec R, bk L/slip R bk, cl L (W bk R, rec L, fwd R/XLIB, fwd R swiveling RF to fc LOD); Bk R, rec L leading W spin LF & release hnds, XRIF/cl L, sd R joining lead hnds (W fwd L, fwd R spinning LF on R full trn, fwd L cont spinning LF to fc RLOD/cl R, bk L) end FAN Pos/WALL;
3-4 **{Tummy Check to Fan again}** Fwd L, rec R ronde L CCW, XLIB/cl R, sd L releasing lead hnds & placing R-hnd at W's R-hip bone (W cl R, fwd L, fwd R/XLIB, fwd R to the front of M); XRIF checking W's fwd motion w/ R-Sway looking at W, rec L ronde R CW, XRIB/cl L, sd R joining lead hnds (W fwd L checking, rec R, bk L/XRIF, bk L) end FAN Pos/WALL;

5-8 W TRN IN 4 TO BOLERO-BJO; TRNG OPPOSITION FENCE LINE TWICE;;

OPPOSITION SPOT TRN W TRANS TO FC;

- 123&4 5 **{W Trn In 4 to Bolero-Bjo}** Fwd L, rec R ronde L CCW raising jnd lead hands, XLIB/cl R, sd L releasing lead hnds & placing R-hnd at W's waist (W cl R, fwd L, fwd R spiraling LF 3/4 under jnd lead hnds, sd L) end BOLERO-BJO Pos/WALL M's R-hnd at W's waist W's R-hnd on M's L-shoulder free L-hnds extended sd; (now same footwork)
(W 1234)
6-7 **{Trng Opposition Fence Line Twice}** Maintaining BOLERO-BJO Pos trng RF 1/4 on L to fc RLOD (W LOD) XRIF flexing knee looking at ptr, rec L trng LF 1/4 to fc WALL, compact sd chasse R/L, R placing L-hnd at W's waist (W's L-hnd on M's R-shoulder) end BOLERO-SCAR Pos/WALL; Maintaining BOLERO-SCAR Pos trng LF 1/4 on R to fc LOD (W RLOD) XLIF flexing knee looking at ptr, rec R trng RF 1/4 to fc WALL, compact sd chasse L/R, L placing R-hnd at W's waist (W's R-hnd on M's L-shoulder) end BOLERO-BJO Pos/WALL;
123&4 8 **{Opposition Spot Trn W Trans to Fc}** Releasing hnds XRIF trng LF to fc RLOD, rec L cont trng LF to fc WALL, sd R/cl L, sd R joining lead hnds (W XRIF trng LF to fc LOD, rec L cont trng LF to fc COH, sd R w/ checking motion, sd L) end LOP FCG Pos/WALL; (now opposite footwork)
(W 1234)

PART B

- 1-4 CROSS BODY w/ PULL BK & INSIDE UNDERARM TRN;; RONDE WHISK TWICE;;**
- 1-2 {**Cross Body w/ Pull Bk & Inside Underarm Trn**} Assuming CP/WALL fwd L, rec R trng LF 1/4 to fc LOD, sd L leading W fwd/rec R, cl L (W bk R, rec L, fwd R twd COH/rec L, cl R slightly leaning upper body fwd and sticking out hips bk); Bk R leading W fwd, rec L raising jnd lead hnds to lead W spiral LF, trng LF 1/4 to fc COH sd R/cl L, sd R (W fwd L, fwd R spiraling LF under jnd lead hnds, cont trng LF sd L/cont trng LF cl R, sd L) end CP/COH;
- &23&4 3-4 {**Ronde Whisk Twice**} Slightly trng LF ronde L CCW (W CW)/XLIB in SCP, rec R, fcg ptr sd L/cl R, sd L; Slightly trng RF ronde R CW (W CCW)/XRIB in RSCP, rec L, fcg ptr sd R/cl L, sd R end CP/COH;
- 5-8 CROSS BODY w/ W's SOLO TRN TRANS TO OP;; SLOW COCA ROLA;;**
- 123&4 5-6 {**Cross Body w/ W's Solo Trn Trans to OP**} CP/COH fwd L, rec R trng LF 1/4 to fc RLOD, sd L leading W fwd/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R); Bk R leading W spiral LF and release lead hnds, rec L swiveling LF 1/4 on L to fc WALL, tch R, sd R (W fwd L, fwd R spiraling LF 1/2, sd L twd RLOD cont trng LF to fc WALL, sd R) end OP/WALL no hnd jnd; (now same footwork)
- 12-4 (W 123&4 1234)
- 1-3- 7-8 {**Slow Coca Rola**} Swiveling RF 1/8 on R fwd L twd DRW, -, swiveling LF 1/4 on L bk R twd DRC, -; Swiveling RF 1/4 on R bk L twd DLC, -, swiveling LF 1/4 on L fwd R twd DLW, - end SD-by-SD Pos both fcg DLW M slightly IF of W;
- 1-3-

PART C

- 1-4 BASIC w/ RONDE CHASSE & HIP TWIST CHASSE;; MARCHESSI 6 & BWD LK;;**
- 1-2 {**Basic w/ Ronde Chasse & Hip Twist Chasse**} SD-by-SD Pos both fcg DLW no hnd jnd swiveling RF 1/8 on R to fc WALL fwd L, rec R ronde L CCW, XLIB/cl R, sd L; Bk R, rec L, XRIF/cl L, sd R end OP/WALL no hnd jnd;
- 1234 3-4 {**Marchessi 6 & Bwd Lk**} Fwd L-heel, rec R, press L-toe bk, rec R swiveling RF 1/8 to fc DRW; 123&4 Fwd L-heel, rec R, bk L/XRIF, bk L end SD-by-SD Pos both fcg DRW W slightly IF of M;
- 5-8 OPEN BK BASIC; SOLO DIAMOND TRN HALF w/ HOP;; CHASE W FULL TRN M TRANS TO FC;**
- 5 {**Open Bk Basic**} Bk R, rec L, fwd R/lk LIB, fwd R;
- 6-7 {**Solo Diamond Trn Half w/ Hop**} Fwd L/hop on L lightly trng LF 1/4 to fc DLW, bk R, bk L/lk RIF, bk L end SD-by-SD Pos both fcg DLW M slightly IF of W; Bk R/hop on R lightly trng LF 1/4 to fc DLC, fwd L, fwd R/lk LIB, fwd R end SD-by-SD Pos both fcg DLC M slightly IF of W;
- 1-3&4 8 {**Chase W Full Trn M Trans to Fc**} Fwd L comm trng RF, cont trng RF to fc DLW & ptr tch R to L, (W 123&4) fwd R/lk L, fwd R (W fwd L trng RF 1/2, fwd R twd DRW trng RF 1/2 to fc DLC, bk L/lk R, bk L) end FCG Pos/DRW no hnd jnd; (now opposite footwork)
- 9-12 HALF BASIC TO BFLY; THRU FAN TCH & SYC VINE; TRAVELING SAND STEP TWICE;;**
- 9 {**Half Basic to BFLY**} Joining lead hnds fwd L, rec R, slightly trng LF to fc WALL sd L/cl R, sd L joining trailing hnds end BFLY/WALL;
- 1-3&4 10 {**Thru Fan Tch & Sync Vine**} Swiveling LF on L thru R twd LOD, swiveling RF on R fan L CW (W CCW) & tch L to R, swiveling LF on R XLIB/sd R, XLIF;
- 2-4 11-12 {**Traveling Sand Step Twice**} Swiveling LF on L tch R toe in, swiveling RF on L sd R toe out, -2-4 swiveling LF on R tap L-heel sd toe out, swiveling RF on R XLIF; Repeat Meas 11 of PART B;
- 13-15 CUCARACHA CROSS W SPIN RF; CLOSED HIP TWIST TO FCG FAN;;**
- 13 {**Cucaracha Cross W Spin RF**} Extending trailing hnd twd RLOD sd R, rec L leading W spin RF w/ jnd lead hnds, releasing lead hnds XRIF/sd L, XRIF (W extending trailing hnd twd RLOD sd L, rec R comm spinning RF one full trn, cont spinning RF step almost in pl L/R, L to fc M & COH) end CP/WALL W slightly to M's right side;
- 14-15 {**Closed Hip Twist to Fcg Fan**} Leading W trn RF fwd L, rec R ronde L CCW, XLIB/cl R, sd L (W trng RF on L bk R, rec L, swiveling LF XRIF/cl L, swiveling RF sd R twd WALL end L-Shape Pos M fcg WALL (W fcg LOD); Bk R leading W fwd, rec L trng LF 1/4 to fc LOD, fwd R/lk LIB, fwd R (W fwd L, fwd R trng LF 1/2 to fc RLOD, bk L/lk RIF, bk L) end LOP FCG Pos/LOD;

PART C (cont'ed)

16-19 CROSS BODY w/ INSIDE UNDERARM TRN;; SHADOW NEW YORKER TO L-SHAPE;
CROSS BODY w/ W'S FREE SPIN TO FC;

- 16-17 **{Cross Body w/ Inside UnderarmTrn}** Joining R-hnds fwd L, rec R trng LF 1/4 to fc COH, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-Shape Pos M fcg COH (W fcg RLOD); Raising jnd R-hnds to lead W trn LF bk R, rec L, trng LF 1/4 sd R/cl L, sd R (W fwd L, fwd R comm trng LF under jnd R-hnds, cont trng LF step almost in pl L/R, L to fc M & LOD) end OP FCG Pos/RLOD;
- 18 **{Shadow New Yorker to L-Shape}** Trng RF to fc COH fwd L, rec R, trng LF 1/4 to fc RLOD sd L/cl R, sd L (W trng LF to fc COH fwd R, rec L, trng RF sd R/cl L, sd R trng RF to fc WALL) end L-Shape Pos/RLOD (W fcg WALL);
- 19 **{Cross Body w/ W' Free Spin to Fc}** Bk R leading W fwd, rec L releasing R-hnds, trng LF 1/4 to fc WALL sd R/cl L, sd R joining lead hnds (W fwd L, fwd R comm trng LF one full trn, step L/R almost in pl cont trng LF to fc COH, sd L) end LOP FCG Pos/WALL;

ENDING

1-4 HALF BASIC; CONT NAT TOP M TRANS TO SHADOW:::

- 1 **{Half Basic}** LOP FCG/WALL fwd L, rec R, trng RF sd L/cl R, sd L to fc RLOD (W bk R, rec L, trng RF fwd R/lk LIB, fwd R) end CP/RLOD;
- 123&4 2-4 **{Cont Nat Top M Trans to Shadow}** XRIB, sd L, XRIB/sd L, XRIB (W sd L, XRIF, sd L/XRIF, sd L); Sd L raising jnd lead hnds to lead W trn LF, XRIB, sd L/XRIB, sd L (W fwd R spiraling one full LF trn under jnd lead hnds, fwd L, XRIF/sd L, XRIF); XRIB, sd L raising jnd lead hnds to lead W trn LF, cl R to L fcg LOD, step L in pl joining L-hnds (W sd L, fwd R spiraling LF 3/4, step almost in pl to fc LOD L/R, L) end SHADOW Pos/LOD jnd L-hnds extended sd & fwd M's R-hnd at W's R-shoulder blade W's R-hnd extended sd; (now same footwork)

5-8 2 DIAG FWD/LK CHA; CONTINUOUS DIAG FWD LK CHA; 2 DIAG FWD LK CHA;
CONTINUOUS DIAG FWD LK CHA;

- 1&23&4 5 **{2 Diag Fwd Lk Cha}** Swiveling slightly LF sd & fwd R twd DLW/lk LIB, sd & fwd R, swiveling RF sd & fwd L twd DLC/lk RIB, sd & fwd L;
- 1&2&3&4 6 **{Continuous Diag Fwd Lk Cha}** Swiveling LF sd & fwd R twd DLW/lk LIB, sd & fwd R/lk LIB, sd & fwd R/lk LIB, sd & fwd R;
- 1&23&4 7 **{2 Diag Fwd Lk Cha}** Swiveling RF sd & fwd L twd DLC/lk RIB, sd & fwd L, swiveling LF sd & fwd R twd DLW/lk LIB, sd & fwd R;
- 1&2&3&4 8 **{Continuous Diag Fwd Lk Cha }** Swiveling RF sd & fwd L twd DLC/lk RIB, sd & fwd L/lk RIB, sd & fwd L/lk RIB, sd & fwd L;

9-12 BOOGIE WALK 2; UNDERARM ROLL & SD CHA; OPEN FENCE LINE TO L-LUNGE;
M ARM SWEEP (W LEAN) & HOLD;

- 2-4 9 **{Boogie Walk 2}** Swiveling slightly LF to fc LOD in SHADOW swing R fwd slightly across body & ronde CW, step R sd & fwd M's R IF of W's L, swing L fwd slightly across body & ronde CCW, step L sd & fwd W's L IF of M's R;
- 10 **{Underarm Roll & Sd Cha}** Releasing R-hnd fwd R comm rolling RF, sd L cont rolling RF to fc COH raising jnd L-hnds to lead W roll, sd R/cl L, sd R (W fwd R comm rolling RF, sd L cont rolling RF under jnd L-hnds to fc COH, sd R/cl L, sd R) end TANDEM Pos both fcg COH W bhnd M L-hnds jnd at M's L-waist;
- 11 **{Open Fence Line to L-Lunge}** XLIF flexing kneeextending free R-hnds sd, rec R, sd L/cl R, sd L flexing knee R-ft extended twd LOD;
- 12 **{M Arm Sweep (W Lean) & Hold}** Hold sweeping free R-hnd CCW & extend twd LOD (W hold place R-hnd on M's R-shoulder & lean upper body twd M);