

CAPRI-FISCHER



Composers: Kenji & Nobuko Shibata, 820 Ryan Place #144, Pleasant Hill, CA 94523-5177

☎ (925) 609 - 7801

Record: Special Pressing (flip: Salsa Cafe) available from Palomino or choreographer

Footwork: Opposite, directions for man (lady as noted)

Suggested Speed: 44 RPM

Phase: Rumba VI

Sequence: Intro A B C A B C End

Released: July, 1999

Meas.

INTRO

1-4 WAIT: SYNC HIP RKS: SHADOW LUNGE w/ SWAY: W SYNC ROLL OUT:

- 1 Wait 1 meas in SHADOW Pos both fcg LOD L foot free for both L hnds joined & extended sd M's R hnd at W's waist W's R hnd extended sd;
- Q&QS 2 {Sync Hip Rks} Sd L twd COH/rec R, sd L, rec R, -;
- SS 3 {Shadow Lunge w/ Sway} Side L with slight sway to L, -, flexing L knee chg sway to R (W swing R hnd twd LOD) look well R twd WALL, -;
- QQS 4 {W Sync Roll Out} Rec R leading W trn RF with R hnd, cl L to R, sd & fwd R trng RF to fc WALL, - (W QQ&S) (W rec R comm roll RF, cont roll RF twd WALL L/R to M & COH, sd & bk L, -) end in LOP Fcg Pos M fcg WALL;

PART A

1-4 OVERTRN OPEN HIP TWIST to FAN:: ALEMANA::

- QQS 1-2 {Overtrn Open Hip Twist to Fan} LOP Fcg Pos M fcg WALL fwd L, rec R, cl L to R leading W swivel RF, - (W bk R, rec L, fwd R twd M & swivel RF 1/2 to fc WALL, -); Bk R, rec L leading W trn LF, sd R, - (W sd & fwd L, fwd R twd LOD trng LF 1/2 to fc RLOD, bk L, -) end in FAN Pos M fcg WALL;
- QQS 3-4 {Alemana} Fwd L, rec R, cl L to R raising jnd lead hnds, - (W cl R to L, fwd L small step, fwd R trng RF to fc M, -); Bk R leading W trn RF under jnd lead hnds, rec L, cl R to L, - (W trng RF fwd L across body, fwd R cont trng RF, fwd L cont trng RF, -) end in CP M fcg WALL W slightly to M's R side;

5-8 NAT OPENING OUT: REV TOP: SURPRISE CHECK & W SPIRAL to WRAP: W SYNC ROLL OUT to OP:

- QQS 5 {Nat Opening Out} CP M fcg WALL sd L leading W trn RF, rec R leading W trn LF, XLIF slightly trng LF heel to toe, - (W swiveling RF on L bk R, rec L trng LF to fc M, sd R, -) end in CP M fcg DLW;
- QQS 6 {Rev Top} Swiveling LF on L sd & fwd R, swivel LF on ball of L heel to toe, swiveling LF on L sd & fwd R, - (W XLIF of R toe to heel, trng LF sd & bk R, XLIF of R toe to heel, -) end in CP M fcg WALL;
- QQ - 7 {Surprise Check & W Spiral to Wrap} XLIF of R leading W sd, rec R trng LF to fc LOD raising jnd (W QQS) lead hnds, pt L fwd twd LOD leading W spiral LF, - (W sd R, rec L, XRIF of L & spiral LF 3/4 in his R arm under jnd lead hnds to fc LOD, -) end in WRAPPED Pos both fcg LOD;
- QQS 8 {W Sync Roll Out to OP} Bk L, rec R trng RF to fc WALL leading W roll RF & release lead hnds, sd (W QQ&S) L twd LOD releasing M's R & W's L hnds, - (W bk L, sd & fwd R comm roll RF/sd L cont roll RF, cont roll RF sd R twd RLOD, -) end in OP Pos both fcg WALL no hnd jnd;

9-12 SOLO SPOT TRN to FC: PASSING INSIDE UNDERARM TRN: SLOW SWIVELS: QUICK SWIVELS W KNEE LIFT:

- QQS 9 {Solo Spot Trn to Fc} OP Pos both fcg WALL XRIF of L trng LF, rec L cont trng LF to fc RLOD, fwd R twd ptr joining lead hnds, -;
- QQS 10 {Passing Inside Underarm Trn} Fwd L trng RF leading W spiral LF under jnd lead hnds, fwd R cont trng RF, cont trng RF to fc WALL sd & fwd L flexing knee, - (W fwd R twd M spiraling LF 1/2, rec L cont trng LF to fc RLOD, fwd R across body & swivel RF ronde L CW, -) end in Loose CP M fcg WALL;
- SS 11 {Slow Swivels} Sd R flexing knee leading W swivel LF, -, sd L flexing knee leading W swivel RF, - (W XLIF of R swiveling LF ronde R CCW, -, XRIF of L swiveling RF ronde L CW, -);
- QQS 12 {Quick Swivels W Knee Lift} Sd R leading W swivel LF, sd L leading W swivel RF, sd R swiveling LF to fc LOD pointing L twd LOD, - (W XLIF of R swiveling LF, XRIF of L swiveling RF, XLIF of R swiveling LF to fc RLOD lift R knee to STORK Line, -) end in Modif BJO Pos M fcg LOD holding W's L shoulder with R hnd jnd lead hnds at M's L hip;

PART A (cont'd)

**13-16 BK BEND: BK INSIDE UNDERARM TRN to FC: CUBAN RKS w/ RONDE:
SYNC INSIDE UNDERARM TRN to FAN:**

- 13 {**Bk Bend**} Modif BJO Pos M fcg LOD hold lowering R arm to allow W lean bk, -, hold lifting R arm to lead W straightening body, - (W flexing L knee lean bk, -, straighten L knee & upper body, -)
- QQS 14 {**Bk Inside Underarm Trn**} Bk L raising jnd lead hnds to lead W trn LF, rec R comm trng RF, cont trng RF sd & bk L joining both hnds, - (W fwd R comm trng LF under jnd lead hnds, rec L cont trng LF to fc M, sd & fwd R, -) end in OP Fcg Pos M fcg RLOD both hnds jnd low at waist level;
- QQS 15 {**Cuban Rks w/ Ronde**} Sd & fwd R, rec L, sd & fwd R leading W ronde, - (W sd & bk L, rec R, sd & bk L trng body RF ronde R CW, -);
- QQ&S 16 {**Sync Inside Underarm Trn to Fan**} Bk L raising jnd lead hnds, rec R leading W trn LF under jnd lead hnds releasing R hnd/fwd L small step trng RF sharply, cont trng RF to fc WALL sd R twd RLOD, - (W XRIB of L, sd & fwd L comm trng LF under jnd lead hnds/fwd R cont trng LF, cont trng LF to fc RLOD bk L twd LOD, -) end in FAN Pos M fcg WALL (W fcg RLOD);

PART B

1-4 OVERTRN HOCKEY STICK:: NEW YORK ROLL to AIDA LINE: RK 3 SPIN to TANDEM:

- QQS 1-2 {**Overtrn Hockey Stick**} Fwd L, rec R, cl L to R raising lead hnds, - (W cl R, fwd L, fwd R, -); Slightly trng RF bk R, rec L trng W LF under jnd lead hnds, trng LF to fc WALL sd R, - (W fwd L small step, fwd R trng LF under jnd lead hnds, cont trng LF to fc M sd L, -) end in LOP Fcg Pos M fcg WALL;
- QQ&S 3 {**New York Roll to Aida Line**} Trng RF on R fwd L twd RLOD, rec R trng LF to fc ptr/sd L comm roll LF twd LOD, cont rolling LF sd & bk R twd DLC, - end in Aida Line M fcg DRC (W fcg DRW);
- QQS 4 {**Cuba Rks Spin to Tandem**} Rk sd & fwd L, rec R, rk sd & fwd L spinning LF 3/8 to fc WALL leading W spin RF, - (W rk sd & fwd R, rec L, rk sd & fwd R spinning RF 7/8 to WALL, -) end in TANDEM both fcg WALL M bhnd W M's both hnds at W's waist W's both hnds held IF of body;

**5-8 CUCARACHA: CUCARACHA PT (W SPIRAL LF) to SHADOW: SHADOW WALK & SWITCH:
SYNC SHADOW WALKS:**

- QQS 5 {**Cucaracha**} TANDEM Pos both fcg WALL sd R twd RLOD extending R hnd sd, rec L, cl R to L holding W's waist with both hnds, - (W sd L twd LOD extending both hnds sd, rec R, cl L to R both hnds held IF of body, -) end in TANDEM both fcg WALL;
- QQ - 6 {**Cucaracha Pt (W Spiral LF) to Shadow**} Sd L twd LOD extending L hnd sd, rec R, hold trng slightly LF on R leading W spiral LF by raising W's L hnd with his L hnd above head & lower, - (W sd R twd RLOD extending both hnds sd, rec L, XRIF of L & spiral LF in his R arm to fc LOD raising both hnds above head, -) end in SHADOW Pos both fcg LOD L hnds jnd & extended sd M's R hnd around W's waist W's R hnd extended sd; (now same footwork)
- QQS 7 {**Shadow Walk & Switch**} Fwd L, R, fwd L trng RF to fc RLOD placing L hnds on W's L hip & joining R hnds, - end in L-SHADOW Pos both fcg RLOD R hnds jnd & extended sd L hnds at W's L hip;
- QQ&S 8 {**Sync Shadow Walks**} Fwd R, L/R, L twd RLOD, -;

9-12 W SLOW CURL: TELESPIN ENDING to SCP: MANUV PIVOT 2; PIVOT 2 & SWAY:

- S - 9 {**W Slow Curl**} Fwd R release R hnds, -, trng LF on R to fc WALL lead W spiral LF by raising jnd L hnds above head & drop over shoulder, - (W fwd R, -, spral LF 1/2 on R in his R arm to fc LOD, -) end in Modif HALF OP M fcg WALL (W fcg LOD) lead hnds extended sd M's R arm around W's waist W's L hnd on his shoulder;
- &QQS 10 {**Telespin Ending to SCP**} Swivel LF on R picking up W/assuming CP fwd L comm trng LF, cont trng LF sd & bk R twd LOD, cont trng LF sd & fwd L, - (W fwd L small step trng LF to fc M/bk R comm trng LF, cont trng LF on R cl L to R, sd & fwd R, -) end in SCP fcg DLW; (now opposite footwork)
- QQS 11 {**Manuv Pivot 2**} Fwd R trng RF to fc W assuming CP M fcg RLOD, bk L comm pivoting RF, cont pivoting RF fwd R btwn W's ft, - (W fwd L, fwd R btwn M's ft comm pivoting RF, cont pivoting bk L, -) end momentarily in CP M fcg RLOD;
- QQS 12 {**Pivot 2 Sway**} Cont pivoting RF bk L, cont pivoting RF fwd R btwn W's ft, sd L twd LOD with strong sway to L looking well left, - (W cont pivoting RF fwd R btwn M's ft, cont pivoting RF bk L, sd R twd LOD with strong sway to R looking well R, -) end in SCP with L sway twd LOD;

PART B (cont'd)

- 13-16 **SLOW SPIRAL to TANDEM: SLIDING CUCARACHAS TWICE:: HOCKEY STICK ENDING:**
- 13 {**Slow Spiral to Tandem**} Straightening body raise jnd lead hnds to lead W spiral LF, -, cont lead W spiral LF & lower jnd hnds, - (W straightening body comm spiral LF on R, -, cont spiral LF on R to fc WALL, -) end in WRAPPED-TANDEM Pos both fcg WALL M bhnd W M's R & W's L free;
- QQS 14-15 {**Sliding Cucarachas Twice**} Releasing jnd hnds sd & fwd R slightly trng LF looking at W extending R hnd sd, rec L slightly trng RF, cl R to L placing both hnds on W's hip, - (W sd & fwd L slightly trng RF looking at M extending L hnd sd R hnd caressing M's cheek, rec R slightly trng LF, cl L to R holding both hnds IF of body, -) end in TANDEM Pos both fcg WALL; Repeat Meas 14 of Part-B starting from opposite ft end in TANDEM Pos both fcg WALL;
- QQS 16 {**Hockey Stick Ending**} Releasing hnds bk R, rec L, fwd R twd WALL joining lead hnds, - (Wfwd L, fwd R trng LF to fc COH, bk L, -) end in LOP Fcg Pos M fcg WALL;

PART C

- 1-4 **BASIC TO W INSIDE UNDERARM TRN: NAT TOP W RONDE: INSIDE UNDERARM TRN: NAT TOP W RONDE:**
- QQS 1 {**Basic to W Inside Underarm Trn**} LOP Fcg Pos M fcg WALL fwd L, rec R, sd & bk L trng RF to fc RLOD raising lead hnds to lead W spiral LF under jnd lead hnds, - (W bk R, rec L, fwd R spiraling LF 3/4 to fc LOD under jnd lead hnds, -) end in CP M fcg RLOD;
- QQS 2 {**Nat Top W Ronde**} XRIB of L toe to heel cont trng RF, sd & fwd L cont trn RF, fwd R small step leading W ronde CW, - (W sd & fwd L cont trng RF, XRIF of R, sd & fwd L ronde R CW, -) end in momentarily SCP fcg LOD;
- QQS 3 {**Inside Underarm Trn**} Bk L, rec R comm trng RF raising lead hnds, sd & fwd L cont trng RF to fc RLOD leading W spiral LF under jnd lead hnds, - (W bk R under body trng LF, sd & fwd L, XRIF of L spiraling LF full trn to fc LOD under jnd lead hnds, -) end in CP M fcg RLOD;
- QQS 4 {**Nat Top W Ronde**} Repeat Meas 2 of Part-C;
- 5-8 **SYNC INSIDE UNDERARM TRN to LOP: ROLL ACROSS to BOLERO-BJO: WHEEL 3: SYNC INSIDE UNDERARM TRN:**
- QQ&S 5 {**Sync Inside Underarm Trn to LOP**} Bk L, rec R comm trng RF raising lead hnds/sd & fwd L cont trng RF to fc RLOD leading W spiral LF under jnd lead hnds, cont trng RF sharply sd R twd WALL, - (W bk R under body, sd & fwd L/XRIF of L spiraling LF full trn to fc LOD under jnd lead hnds, sd L twd COH, -) end in LOP Pos both fcg LOD;
- QQS 6 {**Roll Across to Bolero-Bjo**} Sd L twd COH comm roll LF raising R hnd straight up, passing W's R sd & fwd R cont roll LF to fc WALL release jnd lead hnds, sd & fwd L assuming BOLERO-BJO Pos, - (W sd R twd WAL comm trng RF around M, fwd L cont trng RF to fc COH, cont trng RF fwd R, -) end in BOLERO-BJO Pos M fcg WALL M's R hnd around W's waist L hnd extended sd (W's R hnd on M's L shoulder L hnd extended sd);
- QQS 7 {**Wheel 3**} Fwd R, L, R trng RF 1/2 to fc COH, -;
- QQ&S 8 {**Sync Inside Underarm Trn**} Bk L joining lead hnds above head, fwd R comm trng RF leading W trn LF under jnd lead hnds/cont trng RF sharply to fc WALL cl L to R, sd & fwd R, - (W fwd R, fwd L/fwd R spiraling LF 1/2 to fc COH under jnd lead hnds, sd & bk L, -) end in LOP Fcg Pos M fcg WALL;

END

- 1-4+ **OVERTRN OPEN HIP TWIST to TANDEM: CUCARACHA: CUCARACHA PT (W SPIRAL LF) to SHADOW: SHADOW WALKS & CUDDLE HOLD: --**
- QQS 1 {**Overtrn Open Hip Twist to Tandem**} LOP Fcg Pos M fcg WALL fwd L, rec R, cl L to R leading W swivel RF, - (W bk R, rec L, fwd R twd M & swivel RF 1/2 to fc WALL, -) end in WRAPPED-TANDEM Pos both fcg WALL;
- 2-3 Repeat Meas 5-6 of Part-B;; (now same footwork)
- QQS 4+ {**Shadow Walks & Cuddle Hold**} Fwd L, R, fwd L trng RF to fc WALL with sway to L folding W with jnd lead hnds look well L twd LOD, -; Hold as music fades out, -;